

104 Horseferry Road
Westminster, SW1P 2EE
020 7222 2330



barleymowhorseferryrd.co.uk

THE BARLEY MOW

SMALL PLATES

- CHICKEN WINGS** (1394 kcal - SU, SE, M) 9
Chilli & sesame glazed, cucumber, spring onion
- CHICKPEA DIP & FLAT BREAD (V+)** (303 kcal - G, SE) 6
Beetroot & mint
- PORK & SAGE SAUSAGE ROLL** (772 kcal - G, E, SU) 7
Apple ketchup
- THE LOT** (3669 kcal - SU, SE, G, CR, M, E) 25
Can't decide, have them all with Truffle & Parmesan Chips

MAIN PLATES

- FISH & CHIPS** (1040 kcal - SU, F, E) 17
Cod, crushed peas, tartare sauce, grilled lemon
- CAESAR SALAD (V+)** (424 kcal - G, M, MU) 12
Crisp lettuce served with a Caesar dressing & croutons
Add chicken breast (712 kcal) or halloumi (424 kcal) for 3.0
- SAUSAGE & MASH** (1027 kcal - SO, G) 15
Cumberland sausages served with mash & onion gravy

SIDES

- SKIN ON CHIPS (V+)** (445 kcal) 5
- TRUFFLE & PARMESAN CHIPS** (503 kcal - M) 6
- HALLOUMI FRIES (V)** (894 kcal - M, G) 7
- GRILLED GARLIC SOURDOUGH (V+)** (337 kcal - G) 3

PIE, MASH & LIQUOR

ALL 16.0

Our pies are made with hot water crust pastry
Served with mash & parsley sauce

BRAISED BEEF & GRAVY (876 kcal - CE, G, E, SO)

CHICKEN & CHORIZO (932 kcal - E, CE, SO, G)

LEEK, FENNEL & COURGETTE (V+) (714 kcal - SO, SU, CE, G)

BURGERS

- BEEF, BACON & CHEDDAR** (1615 kcal - E, G, M, SU) 16
Classic burger sauce
- FRIED CHICKEN** (1593 kcal - G, SU, M) 16
Chipotle mayonnaise
- PLANT BASED (V+)** (1175 kcal - SE, SO, G, SU) 16
Vegan cheese, roasted red pepper

PUDDING

- STICKY TOFFEE PUDDING** (513 kcal - G, M, E) 7
With butterscotch sauce & ice cream

ALLERGEN INFORMATION

Gluten = G	Celery = CE	Peanuts = P
Milk = M	Soya = SO	Mustard = MU
Egg = E	Crustacean = CR	Sesame = SE
Fish = F	Nuts = N	Lupin = L
Mollusc = MO		Sulphites = SU

Adults need around 2000 kcals a day. Calories on menu are based on 1 serving. Menu subject to change, correct at the time of print.
Full allergen information is available upon request. (V)-Vegetarian (V+)-Vegan. A 5% optional service charge will be added to your bill.



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